



Confident Wellness Membership & Programs

The **Confident Wellness Membership** is your go-to solution for personalized health and wellness, perfect for individuals and families alike. Designed for busy lifestyles, CW membership offers weekly wellness tips, **Semi-Annual Health Reviews** to track progress, trusted supplement recommendations, and **free access** to **CW's Trusted Advisor Program** - **valued at over \$2,000!** Whether you're focused on your own health or managing wellness for your family, CW membership makes it easier to achieve your goals with confidence and expert support for only **\$165/month!**

- Free access to the **Trusted Advisor Program** ensures expert guidance whenever you need it, for both personal and family wellness.
- Wellness tips and expert advice through **Direct Practitioner Access** help you make confident health decisions for yourself and your family.
- **Semi-Annual Health Reviews** (*\$300 value, members pay only \$75!*) provide insight into your progress and guide future wellness plans with your first consultation!

Trusted Advisor Program (Valued at over \$2,000, members receive free access!)

The **Trusted Advisor Program** is designed for families balancing busy schedules and a commitment to health. It provides expert guidance and personalized support to help both individuals and families achieve their wellness goals with ease. Simplify your health with monthly **Health Strategy Consultations** that offer actionable advice to fit into your family's routine, helping you navigate wellness challenges with confidence.

Monthly Health Consultations: Tailored sessions to address the unique needs of individuals and families.

Ongoing Expert Support: Direct access to a trusted advisor via text or email for practical, personalized health guidance.

Family-Friendly Wellness Plans: Simple, actionable strategies designed to fit into your busy lifestyle and align with your family's health goals.



Discovery Program (\$595 one-time or three installments of \$215)

The **Discovery Program** (*only accessible to CW Members*) provides a personalized approach to wellness by exploring how your blood type, inherited traits, and unique health patterns influence your overall well-being. Tailored action plans help you build practical, balanced habits for lasting results and ensures a comprehensive understanding of your health.



Personalized Wellness: Understand how your family's unique traits and patterns influence overall health.

Tailored Action Plans: Develop practical habits that support lasting wellness for both individuals and families.

Family-Focused Strategies: Build routines and solutions designed to fit your family's lifestyle and needs.

Early Discovery Program (\$395 one-time or three installments of \$145)

The **Early Discovery Program** (*only accessible to CW Members*) helps children build a strong foundation for health by focusing on their blood type and unique natural traits. Parents Dr. Timothy and Maria Oliver create personalized wellness plans that align with your child's specific needs, supporting their growth and development. With expert insights and practical strategies, parents are empowered to confidently guide their child's health journey.



Blood Type-Based Wellness Plans: Tailored strategies that consider your child's blood type and natural traits to optimize their health.

Expert Support for Parents: Clear, actionable advice to manage your child's nutrition, health habits, and overall well-being.

Early Awareness: Practical tools and knowledge set the stage for a lifetime of wellness.

Scan now to schedule your family's FREE 15-minute consult!



100% Satisfaction Guarantee

At Confident Wellness, your satisfaction is our priority. If a program doesn't meet your expectations, we'll refund your investment because your trust matters to us. For additional support, off-program consultations are available at \$115 per half hour, providing flexible options tailored to your needs.

To maintain high-quality service, we may limit the frequency of text messages, emails, and phone calls to ensure all clients receive focused attention. While we aim to provide flexible support, we reserve the right to end services if necessary, without issuing refunds, to uphold the integrity of our offerings.

We kindly ask for at least 24 hours' notice for cancellations or rescheduling to avoid a \$75 fee. This policy ensures fairness and helps us provide the best possible care for all clients. At Confident Wellness, we are dedicated to supporting your journey to better health and well-being.

Satisfaction Guaranteed: Your investment is refunded if the program doesn't meet your expectations.

Flexible Support: Additional consultations are available as needed for \$115 per half hour.

Quality Assurance: Communication limits may apply to maintain high service standards.

Clear Policies: A 24-hour notice is required for changes to avoid a \$75 fee.



Brenda in Ohio, "I have learned how to support my body best. I was wasting money on supplements that were never going to help and some that were harmful to my system. Discovering what foods are best for me has helped me to feel so much better consistently. I think everyone needs to do this..."

Mom of 5 in Ohio, "I now connect with my children in ways I never thought possible. Words can't express the value of knowing what foods and toxins trigger reactions. Thank you for giving me my son back!"

Nick in Kentucky, "Dr. Tim is an expert in all things health, fitness, nutrition, and wellness. I've been constantly impressed at how cutting edge his services are. He's always looking for ways to add more value to his clients."