

## ***Trusted Advisor Program***

The **Trusted Advisor** program is designed to offer members a personalized, in-depth support system on their wellness journey. Additional benefits include weekly wellness videos, community events, and top-tier personalized supplements via FullScript!

**Direct Practitioner Access:** Maintain direct access to a skilled practitioner, allowing you to clarify doubts, seek guidance, and gain insights at any point during your wellness journey. This unique feature ensures you're always supported by expertise and experience.

**Monthly Health Strategy Consultations:** A consistent touchpoint for tracking progress, setting new milestones, and refining your health strategy. These half-hour sessions are dedicated to ensuring your health is not only on track but also evolving based on your changing needs and aspirations.

**Semi-Annual Holistic Health Evaluations:** Go deep into your health profile from your first consultation with comprehensive evaluations every 6 months! These reports combined with your free Monthly Health Strategy Consultations, allow for a detailed overview of your holistic health, highlighting areas of progress and pointing out avenues for further improvement.



## ***Early Discovery Program***



The **Early Discovery** program is specifically tailored for the unique health needs of younger individuals. With tailored insights and expert consultations, it sets the stage for lifelong wellness and provides parents with tools for strategic nurturing!

**Blood Type:** Introduce young ones and their caregivers to the significance of blood types in health, paving the way for optimal nutrition and wellness!

**Health Strategies Focused on Your Children:** Guide young individuals and their caregivers in their wellness journey, based upon the best strategies developed by Dr. Timothy and Maria Oliver - parents just like you!

*Testimonial from Mom of 5 in Ohio, "I now connect with my children in ways I never thought possible. Knowing which foods and toxins trigger reactions is priceless. Thank you for giving me my son back!"*

## *Discovery Program*

The **Discovery Program** for ages 16 and over introduces participants to the foundational elements of their health, combining Holistic Health Evaluations, Blood Type insights, and Epigenetic adaptations for a tailored wellness approach.

**Blood Type:** Discover the vital role of your blood type in health and nutrition! Utilize the *Blood Type Diet* app to tailor your food choices and optimize your health.

**Genotyping:** Dive into the realm of epigenetics and how it affects your health and wellness! Receive a personalized eating and moving plan tailored to your Genotype profile.

**Genetic Perspective:** Explore how your unique Genotype creates your perspective of life and world! Your customized stress and communication guide will help you develop your life on your terms and help you connect to those you love.



## *Genotype EQ*



The **Genotype EQ** program offers participants aged 16 and above a comprehensive course designed to help them master every aspect of their personal health. By intertwining Genotyping insights with foundational evaluations, the program ensures a deeply personalized health strategy.

- **Action Plan** to introspect, strategize, and celebrate your journey, enabling you to lead a life aligned with your core values and passions

## **Coming Soon!**

- **Relationship Build** to equip yourself with insights and strategies that enhance self-awareness, clarify personal aspirations, and optimize communication, fostering stronger, more genuine relationships in every facet of your life!
- **Design Systems for Success** to define success on your terms, implement effective daily habits, and foster holistic well-being, laying a strong foundation for sustained growth and achievement in all areas of life!

*Testimonial from Leslie in Ohio, "I learned that regularly crafting and refining my success statements enabled deep introspection observing my emotions and reactions, leading to the authentic definitions of success that resonates with me. One pivotal revelation was my ability to manage stress by incorporating daily bookends, a strategy that equips me to better navigate the anticipated challenges of tomorrow."*